

Transcript of background monologue.

Running time : 5 mins 48 secs looped.

Volume : Low.

... So , I can't really remember the ... the first time I , ... That I found a piece of bellybutton fluff, in my bellybutton . I think it was one morning ... I, I woke up and there it was, it was sort of fascinating , and it was really , well you know I was thinking here I am, wearing this white shirt and here's a piece of blue fluff in my bellybutton , and ahh ... so I sort of paid attention to the query in hand and studied the results over the next couple of days, and ahh ... noticed actually that, that everyday, that it seemed to be a piece of blue fluff uhmm ... and ... you know without exception, it didn't really matter what colour shirt I wore it was always a piece of blue fluff apart from one time, and this was really very interesting uh ... I wore a green shirt and then there were two pieces of green fluff there ... uhmm ... but that's the only time, mmm ... that the colours really changed, they always stayed with that blue and white sort of colour ... and well, ... exciting parts in the whole

thing you ask, well ... you know, there were a couple of close shaves where I lost ... I mean I've nearly lost a few in the shower uhmm ... you know I suddenly, I suddenly woke up and I was very late, very late for work and uhmm... or I had an appointment and, you know, you're half asleep and uhmm ... you spring out of bed and jump into the shower and then suddenly, you know I'd see one of them falling out of my bellybutton and, and it was nearly going down the plug but then I, well I managed to save a couple of those, I mean, there were a couple of other times when I did actually lose them uhh ... but uhmm ... but yes it struck me, this thought of uhmm ... all this energy, this sort of suction energy, this ahmm ... you know. I ... I tried to work out a couple of theories on my own, that uhm ... you know, perhaps because the belly was too big and that sort of rubbed against the sweatshirt and, and caused this ... this ball of fluff but, you know, just this fact that it always came back to the centre and, you know, there it was, always in the bellybutton. Uhmm ... and so I began, you know, began thinking about this, this energy that comes uhhh ... you know from ... from within, from this sort of birthplace, uhmm, you know and it's quite an interesting, quite an

interesting uhmm ... comparison when you think about it. You know ... I mean it's like ... it's like a ... if you can imagine, you know when you untie a balloon really and then it all ... it, it flies all over the place as all the air comes out of it. I mean this sort of idea, this air or energy going out, you know it was, it was like the other way ... going in really, just ahmm ... you know trapping, trapping the hairs there ... and it was ahmm ... you know, funnily enough it was actually the idea from ... from my wife this ... this one morning because you ... I'd been noticing all these bellybutton fluffs, and I said to her one day, I said you know it'd be, I mean it would be really interesting just to collect them all and put them in a big jar and ... uhm ... you know, when it was, when it was all full, well, I mean, who knows you could perhaps ... perhaps somebody would be interested, I mean perhaps you could start talking about things like that. You know the funny thing is I mean, since ... since I've started collecting them is that all sorts of people you know, come up and ask me and ... and they're quite amazed really that I'm finding these things everyday because you know, they say either they've never noticed them before or, uhmm ... you know perhaps it's once in the week or once

every two weeks that they find one but, ... uhmm but, you know I'm ... I'm really very regular with these things and uhmm ... find them about you know every day or every other day ... Mnnn ... but anyway to go back to this idea of the glass. So, ... so that was my idea and ... and then my, you know, my wife said to me,

« No, no, no » She said. « you know it would be a much better idea really just to sort of collect them and, and put a ... put a ... put a ... a date and time underneath them all uhmm ... you know perhaps a bit like a ... like a butterfly collection ».

Which is ... which is really you know, what it's turned into over the time. You know because obviously you get your commonal, uhmm ... you know ordinary pieces of fluff which are basically blue round things uhmm ... and they're not particularly interesting but sometimes, you know, you get a bit of hair caught up with it or, uhmm ... or sometimes the colours are mixed uhmm ... and ... and so I sort of started up a specialist collection of those, sort of putting those all together in glass boxes. The people who I really feel sorry for uhmm ... you know, are the people who have these ahm ... you know like the earrings ahm ... or the studs in their bellybuttons cos they don't actually have the, they don't have the chance really ... to collect any fluff you see, because that

big metal ball there uhmm ... sort of stops it so ... so obviously I don't get much time to talk to them about things like this uhmm ... because they can't really see what I'm going on about ahmm ... but yes, you know and so ... so you get into some very interesting discussions talking with people about these, about this idea and ahmm ... you know, sort of exchanging colours sometimes. You know, you stand there and sometimes they've picked a white one out for the day and you've picked a blue one for the day and uhmm ... and ... and you'd be surprised, not many people have taken the time out to sort of explore or, you know to really think about things like this and uhmm ... and they're always surprised when I, you know, when I explain to them this idea that I'm, you know, gonna put all this work together and ahmm ... sort of, you know exhibit them uhmm ... and I explained